

APRIL TO OCTOBER 2025



WEEKLY MENU



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 21 ST APRIL 12 TH MAY 9 TH JUNE 30 TH JUNE 21 ST JULY 1 ST SEPTEMBER 22 ND SEPTEMBER 13 TH OCTOBER	Mild Chilli Beef Tomato & Herb Penne Pasta 1 VG Jacket with a Choice of Toppings 7,8,9 Rice, Mixed Peppers, Peas Jammy Finger 1,6 VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Chicken & Tomato Pasta Shells 1 Cheese & Bean Wrap Pocket & Wedges 1,7 VG Jackets with a Choice of Toppings 7,8,9 Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Sausage Roll & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG	Margherita Pizza 1,3,7 V Loaded Bean Wedges VG Jackets with a Choice of Toppings 7,8,9 Rainbow Pasta 1 , Sweetcorn, Coleslaw 9 Sultana Cake 1VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG	Fish Fingers 1,8 or Cheese & Tomato Pinwheel 1,7 V Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Baked Beans, Cucumber Caramel Cookie 1,7 Yoghurt 3,7 Fruit Pots VG
WEEK TWO 28 TH APRIL 19 TH MAY 16 TH JUNE 7 TH JULY 8 TH SEPTEMBER 29 TH SEPTEMBER 20 TH OCTOBER	Vegetable Nuggets with Tomato Sauce & Rainbow Rice 1VG Tomato & Sweetcorn Pasta 1 VG Jackets with a Choice of Toppings 7,8,9 Carrots, Peas Vanilla Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Minced Beef Pie 1 Cheesy Pasta Twists 1,7 V Jackets with a Choice of Toppings 7,8,9 Crushed Potatoes Seasonal Vegetables Chocolate & Mandarin Mousse 7,3 Mr Nourish Biscuit 1 VG Fruit Pots VG	Roast Chicken & Gravy Vegetable Pastry Puff 1 VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes Cabbage, Carrots Cornflake Cookie 1,3,7,16 Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG	Pulled Pork Loaded Wedges Tomato Spaghetti 1 VG Jackets with a Choice of Toppings 7,8,9 Green Beans, Coleslaw 9 Spiced Apple Focaccia 1,3 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG	Margherita Pizza 1,3,7 V Tuna Penne Pasta 1,7,8 Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Grated Carrot Oaty Biscuit 1,15 VG Yoghurt 3,7 Fruit Pots VG
WEEK THREE 5 TH MAY 2 ND JUNE 23 RD JUNE 14 TH JULY 15 TH SEPTEMBER 6 TH OCTOBER	Bolognese Pasta Shells 1 Savoury Cheese Swirl 1,7 V Jackets with a Choice of Toppings 7,8,9 Baked Wedges Seasonal Vegetables Ice Cream 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Mild Chicken Curry Herby Tomato Penne Pasta 1 VG Jackets with a Choice of Toppings 7,8,9 Rice, Green Beans, Carrots Peach Sponge 1VG & Custard 7 Mr Nourish Biscuit 1 VG Fruit Pots VG	Sausages & Gravy 1,6 Vegetable Sausage & Gravy VG Jackets with a Choice of Toppings 7,8,9 Rustic Roast Potatoes, Broccoli, Swede Fruit Jelly VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG	Macaroni Cheese 1,7 V Tomato & Vegetable Puff 1 VG Jackets with a Choice of Toppings 7,8,9 Carrots, Mixed Peppers Chocolate Cake 1 VG Mr Nourish Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG	Fish Fingers 1,8 Vegetable Nuggets 1 VG Jackets with a Choice of Toppings 7,8,9 Chips, Peas, Sweetcorn, Coleslaw 9 Ginger Biscuit 1 VG Yoghurt 3,7 , Fruit Pots VG

AVAILABLE DAILY 1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian

Norfolk Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

